

City of Nelsonville Aquatic Center

2023 Swim Lessons

NELSONVILLE, OHIO



40 West Canal Street

Nelsonville, Ohio 45764

740-753-7003

aquaticcenter@cityofnelsonville.com

FOR MORE INFORMATION

CONTACT:

**Nelsonville Aquatic Center
740-753-7003**

aquaticcenter@cityofnelsonville.com



For the 2023 season, swimming lessons are 30 minutes long and will meet twice a week for four weeks. They are scheduled in sessions of eight lessons and will cost \$45 per child per session. All Group Swim Lessons this season will be Saturday mornings and Sunday evenings. All lessons will be taught by Red Cross certified lifeguards and based on the Red Cross Learn-to-Swim curriculum.

Makeup sessions will be offered for cancellations due to weather and operational closures.

Classes must have a minimum of 5 participants and a maximum of 10. Classes will be cancelled/combined if they do not reach the minimum number of participants.

Registration is due by the end of the day on Friday, June 16. To secure your child's spot, you must pay the \$45. Spots will be offered on a first come first serve basis. If necessary, there will be a waiting list. No refunds will be offered.

Please read through the levels listed and choose the class that is most appropriate for your child. Contact the Aquatic Center at aquaticcenter@cityofnelsonville.com or call the office between 12-5:30pm to register.

AQUATOTS: Children from 6 months to 3 years WITH their parents or responsible adult

All levels of ability welcome, an adult must be present & participating. Children and parents will learn about pool safety & how to help children feel confident and comfortable in the water.

June/July Session:

Date:	Times:
Saturday, June 24	11:15AM-11:45AM
Sunday, June 25	6:15PM-6:45PM
Saturday, July 1	11:15AM-11:45AM
Sunday, July 2	6:15PM-6:45PM
Saturday, July 8	11:15AM-11:45AM
Sunday, July 9	6:15PM-6:45PM
Saturday, July 15	11:15AM-11:45AM
Sunday, July 16	6:15PM-6:45PM

GUPPIES (PRESCHOOL LEVEL 1): Must be at least 3 years old at the start of classes

All levels of ability welcome. Children will practice entering & exiting the water, blowing bubbles, submerging their faces, gliding, floating & moving throughout the water independently.

June/July Session:

Date:	Times:
Saturday, June 24	10:15AM-10:45AM
Sunday, June 25	6:15PM-6:45PM
Saturday, July 1	10:15AM-10:45AM
Sunday, July 2	6:15PM-6:45PM
Saturday, July 8	10:15AM-10:45AM
Sunday, July 9	6:15PM-6:45PM
Saturday, July 15	10:15AM-10:45AM
Sunday, July 16	6:15PM-6:45PM

GOLDFISH (PRESCHOOL LEVEL 2): Must be at least 3 years old at the start of classes

Should be comfortable exiting and entering the water and floating with assistance and/or have passed Preschool Level 1 or similar class. Children will practice jumping into the water, holding their breath, treading water, and floating without assistance.

June/July Session:

Date:	Times:
Saturday, June 24	10:15AM-10:45AM
Sunday, June 25	6:15PM-6:45PM
Saturday, July 1	10:15AM-10:45AM
Sunday, July 2	6:15PM-6:45PM
Saturday, July 8	10:15AM-10:45AM
Sunday, July 9	6:15PM-6:45PM
Saturday, July 15	10:15AM-10:45AM
Sunday, July 16	6:15PM-6:45PM

SEAHORSES (BEGINNER 1): Must be at least 5 years old at the start of classes

Should be comfortable jumping into deep water, holding their breath, and floating without assistance and/or have passed Preschool Level 2 or similar class. Children will practice swimming underwater, rotary breathing, treading water, front crawl, and elementary backstroke.

June/July Session:

Date:	Times:
Saturday, June 24	11:15AM-11:45AM
Sunday, June 25	7:15PM-7:45PM
Saturday, July 1	11:15AM-11:45AM
Sunday, July 2	7:15PM-7:45PM
Saturday, July 8	11:15AM-11:45AM
Sunday, July 9	7:15PM-7:45PM
Saturday, July 15	11:15AM-11:45AM
Sunday, July 16	7:15PM-7:45PM

DOLPHINS (BEGINNER 2): Must be at least 5 years old at the start of classes

Should be comfortable with swimming underwater, treading water, front crawl, and elementary backstroke and/or have passed Beginner 1 or similar class. Children will practice headfirst entries into the pool, breaststroke, dolphin kicks and backstroke.

June/July Session:

Date:	Times:
Saturday, June 24	11:15AM-11:45AM
Sunday, June 25	7:15PM-7:45PM
Saturday, July 1	11:15AM-11:45AM
Sunday, July 2	7:15PM-7:45PM
Saturday, July 8	11:15AM-11:45AM
Sunday, July 9	7:15PM-7:45PM
Saturday, July 15	11:15AM-11:45AM
Sunday, July 16	7:15PM-7:45PM

SHARKS (INTERMEDIATE 1): Should be at least 7 years old at the start of classes

Should be comfortable with headfirst entries, front crawl, breaststroke, backstroke, and treading water in the deep end and/or have passed Beginner 2 or similar class. Children will practice diving, stroke refinement and flip turns.

June/July Session:

Date:	Times:
Saturday, June 24	10:15AM-10:45AM
Sunday, June 25	7:15PM-7:45PM
Saturday, July 1	10:15AM-10:45AM
Sunday, July 2	7:15PM-7:45PM
Saturday, July 8	10:15AM-10:45AM
Sunday, July 9	7:15PM-7:45PM
Saturday, July 15	10:15AM-10:45AM
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